



# Working with Trauma and the Body

17 & 18 October 2014

An experiential and skill development focussed workshop

**Presented by Dr Andrew Harkin and the Adelaide Trauma Centre, this two day workshop is for practitioners who want to develop skills and confidence to integrate the body into their trauma work.**



**Andrew Harkin** is a Medical Doctor (graduated University College Dublin 1990) and Psychotherapist. In the latter regard he is accredited with the Irish Association for Humanistic and Integrative Psychotherapy (IAHIP).

He has specialised in working with psychological trauma, following a two year postgraduate training with the Sensorimotor Psychotherapy Institute in Colorado, U.S.A. (1997-98). This method is strongly supported by world renowned trauma clinicians who are on the advisory board for this organisation. Including Bessel van der Kolk, Allan Schore, Dan Siegel and Onno van der Hart. For more than 4 years he was principle European trainer with this organisation teaching psychiatrists, psychologists and psychotherapists in the trauma field in Ireland, the United Kingdom, Poland, Holland, Norway and Italy.

Following a move last year he has been working as Senior Therapist in a psychiatric day hospital in Western Australia.

This workshop will:

- Review current research regarding the role of the body in trauma treatment, the relevance of procedural learning and the importance of completing defensive responses.
- Provide skill development in the areas of directed mindfulness, resourcing and sensorimotor sequencing.
- Highlight the significance of the relational field in the therapeutic context and include experiential skill development.
- Support increased confidence to incorporate bodily experience into all phases of trauma therapy.

## Working with Trauma and the Body

Friday 17 & Saturday 18 October 9.30am - 4.30pm

Lunch, morning and afternoon tea will be provided.

Venue: Fullarton Park Centre, 411 Fullarton Rd, Fullarton

Cost: Early Bird (registration & payment before August 31) \$450. After August 31 \$490.

Please arrive at 9am to register for a 9.30 am start

Register online at [www.adelaidetraumacentre.com.au](http://www.adelaidetraumacentre.com.au) or return the form attached.

For all enquiries please email [info@adelaidetraumacentre.com.au](mailto:info@adelaidetraumacentre.com.au)

[www.adelaidetraumacentre.com.au](http://www.adelaidetraumacentre.com.au)



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## Registration Form

Please pay separately - see below.

Tax Invoice

ABN 28710415737

Name

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Business Contact

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Mobile

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Email

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Address

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Agency / Service

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Occupation / Position

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Special Needs - dietary, disability access, other

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### Payment details

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Bank transfer

Cheque

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If paying by EFT Bank transfer please use your full name as a reference. Cheques are to be sent to the address below. This registration form will become a tax invoice/ receipt on payment.

To register: Register electronically via the Whats On page at [www.adelaidetraumacentre.com.au](http://www.adelaidetraumacentre.com.au) and pay via EFT.

OR Send a hard copy with a cheque to:

Adelaide Trauma Centre, C/- 240 Grote Street Adelaide, 5000

Your registration will be valid once we have received the EFT or cheque and you will be notified by email.

Cancellations: 14 days in advance will receive a full refund, 7 days in advance 50% refund, no refund after 7 days prior.

The practitioners of Adelaide Trauma Centre share an understanding that recovery and healing from traumatic experiences involves the whole person in their life context.

[www.adelaidetraumacentre.com.au](http://www.adelaidetraumacentre.com.au)