

# The Adelaide Trauma Centre

Invites you to another evening in our series of informal interview style sessions with therapists and people interested in therapy.

## **WHAT WE TALK ABOUT WHEN WE TALK ABOUT THERAPY**

Friday 12th of October 2018  
Drinks and nibbles from 6pm  
Interview plus Q&A: 6:30-7:30pm

In the spacious seminar room:  
*SAMESH, 57 Hyde St, Adelaide.*

**LESLEY PORTER** WILL BE INTERVIEWING  
THERAPIST **SUE HETZEL**

Exploring the topic:  
**The evolution of body oriented trauma therapies in therapeutic practice.**

**The discussion will cover Sue's experience of the progression of her practice over her career. Her reflections on the most important evolutions in her own practice and what/why? And her reflections regarding how her practice changed and evolved with the advancement of her knowledge of body oriented therapies?**

RSVP to [info@adelaidetraumacentre.com.au](mailto:info@adelaidetraumacentre.com.au)

For catering purposes

There is no charge for this event.

**Sue Heizel** has worked for many years as a social worker and registered psychologist in private practice. She was a member of the practitioners' group that **originally** set up the Adelaide Trauma Centre, seeking to begin offering body oriented trauma therapies in Adelaide. She is now retired from practice but continues to foster her passionate interest in body-oriented trauma therapies.

**Dr Lesley Porter** is an ATC member, relationship and trauma therapist, supervisor and a Breathworks Mindfulness Meditation Teacher.

There will be a raffle for a copy of the book **The Trauma of Everyday Life** by Mark Epstein.

Money raised will be donated to support the work of the UNHCR.



Adelaide  
**Trauma Centre**

An integrated approach  
to trauma therapy