



Working with Trauma and the Body

2 & 3 November 2015

An experiential and skill development focused workshop building on the ideas and practices presented in 2014.

Presented by Dr Andrew Harkin and the Adelaide Trauma Centre Inc, this 2 day workshop is for practitioners who want to develop skills and confidence to integrate the body into their trauma work.

The 2014 workshop presented by Dr Andrew Harkin is not a prerequisite. Some knowledge of the neurobiology of trauma and the resourcing phase of trauma therapy will be assumed.



Andrew Harkin is a Medical Doctor (graduated University College Dublin 1990) and Psychotherapist. In the latter regard he is accredited with the Irish Association for Humanistic and Integrative Psychotherapy (IAHIP).

He has specialised in working with psychological trauma, following a two year postgraduate training with the Sensorimotor Psychotherapy Institute in Colorado, U.S.A. (1997-98). This method is strongly supported by world renowned trauma clinicians who are on the advisory board for this organisation, including Bessel van der Kolk, Allan Schore, Dan Siegel and Onno van der Hart. For more than 4 years he was principal European trainer with this organisation teaching psychiatrists, psychologists and psychotherapists in the trauma field in Ireland, the United Kingdom, Poland, Holland, Norway and Italy.

Following a move in 2013 he became Senior Therapist in a psychiatric day hospital in Western Australia and is now in private practice.

This workshop will:

- Review current neuroscience and practical applications in relation to safe trauma processing (Phase 2).
- Provide skill development in the area of advanced resourcing, the effective reinstatement of an active defense and 'getting unstuck' when trauma processing is not happening.
- Highlight the significance of the relational field in the therapeutic context and provide opportunities to experience and stabilise embodiment.
- Support increased confidence to incorporate bodily experience into all phases of trauma therapy.

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Monday 2 & Tuesday 3 November 9.30am - 4.30pm

Lunch, morning and afternoon tea will be provided.

Venue: The Monastery Function Centre, 51 Cross Rd, Glen Osmond.

Cost: Early Bird (registration & payment before August 31) \$450. After August 31 \$490.

Please arrive at 9am to register for a 9.30 am start

Register online at www.adelaidetraumacentre.com.au or return the form attached.

For all enquiries please email info@adelaidetraumacentre.com.au

www.adelaidetraumacentre.com.au



Working with Trauma and the Body 2 & 3 November 2015

An experiential and skill development focussed workshop

Registration Form

To register electronically visit the Whats On page at www.adelaidetraumacentre.com.au.
Payment details - see below.

Tax Invoice

ABN 28710415737

Name

Business Contact

Mobile

Email

Address

Agency / Service

Occupation / Position

Special Needs - dietary, disability access, other

Payment details

Bank transfer

Cheque

If paying by EFT Bank transfer please use your full name as a reference.

BSB: 805-050

Account Number: 100104647

Account Name: Adelaide Trauma Centre Inc

Cheques are to be sent to the address below. This registration form will become a tax invoice/ receipt on payment.

To register: Register electronically via the Whats On page at www.adelaidetraumacentre.com.au and pay via EFT.

OR Send a hard copy with a cheque to:

Adelaide Trauma Centre, C/- 240 Grote Street Adelaide, 5000

Your registration will be valid once we have received the EFT or cheque and you will be notified by email.

Cancellations: 14 days in advance will receive a full refund, 7 days in advance 50% refund, no refund after 7 days prior.

The practitioners of Adelaide Trauma Centre Inc share an understanding that recovery and healing from traumatic experiences involves the whole person in their life context.

www.adelaidetraumacentre.com.au

